



December 2012

Doane House Hospice

17100 Yonge Street,
Newmarket, Ontario
L3Y 8V3
905 967 0259

Mission

We are dedicated to enhancing quality of life through the provision of non-medical support for those affected by or caring for an individual with a life-threatening illness.

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- Heidi Bonner, Volunteer/Case Coord.
- Jean Anderton, Administrative Coord.

Charitable Registration No.:
14033 7437 RR0001



VIRTUAL HOPE TREE HELPS DOANE HOUSE CLIENTS

Community partnerships are bringing hope to York Region. After his wife benefitted from services at Doane House Hospice (DHH), Brett Richards was inspired to develop an online portal so people who have been diagnosed with or affected by cancer can find support by sharing their stories, reading other people’s contributions, raising awareness and fundraising for the hospice.

Lois Richards discovered the wellness services offered by DHH after hearing about them while receiving treatment.

“My family was my rock, the hospital staff and doctors were exceptional and the



emotional support I received at Doane House Hospice all helped me pick up the pieces of my life.” “We are not on this cancer journey alone.” Ms. Richards said.

Through his wife’s journey, Brett Richards realized there is a large amount of government funding allocated to cover the medical model, but not much earmarked for the psycho-social healing aspect. “It is such an important part of a person’s wellbeing [while] recovering,” he said.

After learning that DHH only receives 20% government funding, leaving the

remaining 80% to be raised in the community, he very generously sponsored the Mind-Body Connection for a year (which would otherwise have been cancelled due to lack of funding).

Wishing to do more, Mr. Richards ran a focus group consisting of hospice clients, volunteers, and staff. A common message emerged from this group; there is hope and healing through connection. From this phrase, the Hope Tree Initiative was born.



“We want to raise awareness in the community around the hospice as well as funding for programs and provide a place for those affected by cancer to connect,” he said. “Knowing that they are not alone goes a long way on the path to healing.”

www.thehopetree.ca, created by Mr. Richards’ company, Connective Intelligence Inc., allows you to share and read similar stories from people who are in similar situations. Personal connections can be made through the social media links, including groups for people living with cancer, husbands, wives, children, friends, events and memorials. A video also puts a face to the disease and speaks volumes about the support individuals have received from the hospice.

Based on the article written by Teresa Latchford for The Banner , Thursday, October 4th, 2012

Doane House Hospice Programs

Visiting Volunteer Program

Within clients' homes, Visiting Volunteers provide companionship, practical support and short-term relief for caregivers. Visiting Volunteers help with day-to-day needs such as appointments, shopping and outings. Contact can be maintained through regular telephone calls. Clients are interviewed by our professional staff and matched with an appropriate volunteer.

Oasis Program

The Oasis Program provides a safe environment for social interaction and activities that illness can often restrict. Offered every Thursday and Friday at Doane House Hospice 10:00am — 2:00pm. Lunch is provided.

Art Therapy

Offers a different approach to traditional talk therapy, using art to help children, adolescents, and adults express thoughts and emotions they may not know how to express otherwise.

Caregiver Support

This program is open to anyone caring for a loved one living with a life-threatening illness. Trained volunteers facilitate this group once a week for one hour.

Bereavement Program

This program offers education and support for both family and friends coping with the loss or illness of a loved one. The program offers a variety of formats, including:

- Individual Support
- Group Support
- Family Support
- Walk and Talk

Mind-Body Connection

- Peer Support
- Visualization & Relaxation
- Yoga

Assessment is required for all programs.

A Message from the Executive Director

Frog Alert!



In September Doane House Hospice launched their new website kindly donated by Tree Frog Interactive Inc.



This is truly community spirit at its best! Founder and CEO Sean Stephens has been extremely supportive of DHH over the years, but this has taken in-kind donation to a new level! His team designed and created an amazing tool that has enabled the staff, after being trained, to update and amend the website themselves. This now gives us the opportunity to better communicate our message, as well as increasing fundraising possibilities.

As a small charity, we wouldn't be able to afford any of this. It is through these partnerships and the generosity of

individuals that we are able to offer our free services to the community. This initiative could not have come at a better time as we have seen a client increase of 47% year over year.

With the staff levels the same and a decrease in funding, this client increase has put a considerable strain on all aspects of the hospice.

However, necessity being the mother of invention, we are looking forward to putting into effect new innovative fundraising ideas, so watch this space!

Welcome to Jean!

We are sure that you have noticed a new voice at DHH! We welcomed Jean Anderton to our team as Administrative Coordinator in June and, in the spirit of our increasing collaboration with Hospice King Aurora, she also joined their team in September of this year. She has brought with her great organizational skills and a cheery disposition!



With thanks...

DHH is grateful for third party events. These not only bring in much needed funding, but are a win-win situation for both the company and the charity as it raises awareness for both parties This



Cause, and the Keller Williams Realty Golf Tournament.

DHH also relies on grants, and this year were fortunate enough to receive the Awesome Grant



sponsorship in part from the Healing Cycle for our Mind Body Connection wellness program from October 2012.



A full list of all our sponsors this year can be found in our first newsletter of 2013.

year we have been fortunate to have been the recipients of the Artists' Style for a



for the 'You are not Alone' project, J&S Plumbing Community Grant, and a



Doane House Hospice's Fundraising Efforts

Tee Off for Hospice Golf Tournament 2012

Perfect weather added to a fun morning of Golf followed by lunch and prizes.



Food Celebration 2012

A wonderful evening was had by all sampling amazing cuisine from local restaurants, caterers and stores.



Unique Craft & Gift Show 2012

56 vendors and 400 shoppers made this a memorable way to start the Christmas shopping season! It also raised \$8,000 to support our free programs and services.



Wish List

Sponsors for 2012:

- ◆ 8 week Art Therapy group;
- ◆ Sponsor a day at Doane;
- ◆ 8 week Saturday Yoga course.
- ◆ Fundraising Software

Volunteer Profile: Karen Faris

It has been said that a pessimist sees a glass of water as being half empty, an optimist sees the same glass as half full and a giving person sees a glass of water and looks for someone who might be thirsty. Karen Faris is one of those rare individuals who shares her water.



Karen began volunteering with DHH following her retirement from teaching elementary school more than ten years ago. She has been involved in many DHH programs including, The Walk and Talk Program at Fairy Lake, the Parent and Child Bereavement Support Group, Palliative Care Counseling, Care Givers Support Group and the In-Home Visiting Volunteer Program.

In addition to her patience, gentle nature and loving spirit Karen shares years of learning with the clients of DHH and her fellow volunteers. She regularly attends seminars, lectures and workshops and reads everything she can on the subject of palliative care and bereavement. Even with all her specialized training Karen believes her greatest skill is her ability to listen and to be supportive.

This skill came in particularly handy during her work with the Caregivers Support Group. This wonderful group of people are committed to helping one another and to sharing whatever information they can. This level of empathy would be commendable in any circumstance but, as Karen points out, it is truly remarkable to be so compassionate with others when you yourself are going through so much.

In addition to giving her time to DHH, Karen volunteers at the Stronach Regional Cancer Resource Library at Southlake Hospital, the Sharon Temple Museum and is on the Friends of East

Gwillimbury Library Board.

While Karen is soft spoken and modest about her contributions others are excited to celebrate and recognize the tremendous work she does. This year Karen was awarded the June Callwood Volunteer Award. This prestigious award was named after the late June Callwood, a Canadian journalist, author and social activist, and recognizes individuals and groups for outstanding volunteer contributions to their communities and to the province of Ontario.

Karen is honoured to be a part of Doane House and is grateful to be a part of such a special group. She appreciates the supportive environment and the spirit of the house, noting that you never feel you are on your own when you are involved with Doane House. You always feel you are part of something wonderful.

Thank You!

Our thanks to the following companies who have provided delicious lunches for the clients in our Oasis Day Program.



DREAM HALLOWEEN

... AN EVENING OF PHILANTHROPY

The inaugural collaborative event, Dream Halloween, of 6 York Region charities was a huge success and enjoyed by all! It was well supported by the community and dignitaries from across the region. We were thrilled that so many guests embraced the themed event by dressing to impress in a wonderful array of Halloween costumes. The friendly competition amongst the 8 philanthropic stars culminated at the end of the evening in Nic Ahola being crowned Dream Philanthropist of the 2012. DHH would like to sincerely thank all the stars, charities, and guests for supporting this great event.



**Keep your eyes peeled
for our exciting events in 2013:**

Pub Night
 Food Celebration
 Hike for Hospice
 'Tee Off for Hospice' Golf Tournament
 Win a Car!
 The Healing Cycle
 Hospice Craft & Gift Show



Doane House Hospice relies on the support of the community to provide its services. Please detach the form below and return it, letting us know how you can help us help others.

YES! I would like to help Doane House Hospice

- Please contact me regarding volunteer opportunities with Doane House Hospice
- I enclose a contribution in the amount of \$25 \$50 \$100 Other _____
- Please charge my VISA/MasterCard/American Express \$ _____ Card number _____ Expiry _____

Signature _____

Name _____

Mailing Address _____

Telephone Home _____ Business _____

E-mail _____

This donation is in memory or in honour of _____



**SPONSOR A DAY AT DOANE
for
\$750.00**

**SPONSOR
AN 8
WEEK
ART THERAPY GROUP
for \$850.00**



CORPORATE MATCHING

Many companies have programs through which they will "match" the charitable contributions made by their employees. Through corporate gift matching, your employer can multiply your gift to Doane House Hospice, making it go further. Check with your company's Human Resources office to see if they offer gift matching. If they don't, you may want to ask your company to start one. If your employer does offer this program, your Human Resources should provide you with a matching gift form. If you have questions about corporate matching, please contact Juliet at (905)987-0259 or jirish@doanehospice.org.